



SHEPSHED RC

Minutes for the

Shepshed Running Club Annual General Meeting

At The Black Swan, Loughborough Road, Shepshed, 28 January 2025

Present.

Dave Bottomley (Chairman), Dave Hattersley (Secretary, Memberships, Maintenance) , Bob Haskins (Treasurer), April Clough (Female Captain XC), Stacy King (Female Captain LRRL, Social Media), Jonathon Wortley (Male captain XC), Paul Wooldridge, (Male Captain LRRL), Gary Sawle (Kit), George Clarke (Race Director),

Craig Stinchcombe, Helen Stinchcombe, Jake Smith, Zoe Heath, Lynn Persse, , Steve Williams, , Rachel Cornes, Helen Hartley, Richard Bibb, Paul Tebbutt, Alex Warren, Tracey Brooks, Angelo, Russ Balbi, Annabel Gordan

Welcome.

The Chair opened the meeting at 1932 hours 28 January 2025 and welcomed everyone to the meeting. It was decided there were enough members to hold the AGM.

Apologies.

The Chairman stated that Sharon Elliot, Glenn Smith, Kat Smith, and Rachel Muddimer offered there apologies.

Minutes of 2024 AGM.

Last years minutes were presented to the meeting. It was pointed out that the had been available on the clubs website for a year. The minutes of the 2024 AGM were agreed to be a true record.

David Hattersley apologised in advance that he was going on holiday and the minutes for this meeting would have to be completed on his return. This would delay them for approximately a month.

Reports.

A: The Chairman

Dave Bottomley stated the following:

Another fantastic year for Shepshed Running Club ! Please read the reports below which describe the amazing running across league and cross-country races by so many of you.

Your support for our club is hugely appreciated – with great camaraderie and of course, the legendary flapjack and other goodies provided at the end. Thanks to the captains for encouraging, inspiring and organising us.

Of course, so many of you take part in other runs and races. Every Saturday running in Parkruns across the country and abroad. A marvellous group regularly volunteer at Dishley – and we enjoyed “taking over” Beacon Hill parkrun last year.

Every week we have members of the club running marathons, hill races, road races and triathlons. We had a group travel to Ibiza to run (and maybe enjoy Ibiza) and we had a great time completing the “in-tents” 24 hours Equinox challenge. Sunday socials are enjoyed by a group of regulars – it would be good to find ways of making these appealing to a wider group.

And then every day on Strava, dozens of club members running all over the place, staying fit, enjoying the countryside and enjoying friendships. With loads of Kudos – and a regular sprinkling of pbs and segment achievements.

Training Club Nights continue to be well supported and particularly helpful for less experienced or returning runners. We now have 5 established groups - ranging from blue to purple (although it still troubles me that they are not in rainbow sequence !). Thank you to all of the regular leaders who plan routes and lead the groups week in and week out. And particular thanks to Helen and Helen who organize this all for us each month. We have agreed to train Gary and Steve as Run Leaders – after which they will share what they have learned with the rest of us and assess whether we should train more run leaders. It’s been great to have regular interval sessions on the last Tuesday of each month, as well as away runs on the first Tuesday. The opening up of Garendon Park has provided us with regular new routes, including in the dark!

My only plea is for more group leaders to be ready to lead the blue and yellow groups, so that we can cover these on both Tuesdays and Thursdays every week.

We have had a steady stream of enquiries from local runners to join us and take part in club nights – some of which have stayed, others of whom have not. Let’s continue to support and encourage new joiners to stay with us.

I'm hugely grateful to the SRC committee – who put in a huge amount of work, often in the background to enable us to run. I've already referenced our inspiring club captains – April, Stacy, Paul and Jonathan. Thanks also for the design and provision of all our kit (Gary), the regular promotion of our club on social media and the press (Stacy and Rachel) and the considerable work organizing our own three annual races (George and Richard and others).

Thanks to Dave who deals with the membership, admin and maintaining/improving the hut, Steve our entertainments officer, particularly for a brilliant Christmas Party, and last, but definitely not least, Sir Bob who carefully and conscientiously looks after all of the finances. Good to see both the main account and the race accounts showing a healthy excess and balance this year.

Thanks to all of you who volunteer and help with the club. There are always more opportunities to do so – so please just ask.

Less exciting, but very importantly, we have produced a revised constitution, new policies and job descriptions to meet our English Athletics standards. They describe how we run and operate the club, and have highlighted the importance of good management, safeguarding, respect, inclusivity, health & safety and data protection. Thanks to Jaquie W in particular who worked with me on those. Thanks also to Zoe who has stood into the new role of Welfare Officer, required by EA, ahead of a formal appointment at the AGM.

We decided last year to introduce WhatsApp groups – hopefully these have helped organise our flurry of chats better. Great to see the communication of runs, fantastic photos, banter and other great posts on WhatsApp and Facebook. Alongside this we have spruced up our website as a public information portal for our club.

We had our club development evening last year – where a whole load of ideas and initiatives were introduced and discussed – some of which we have taken forward, others which rely on more volunteers to do so. We will review these – and consider new ideas or any concerns – directly after the AGM.

We have also decided to have our annual awards evening in April, rather than as part of the Christmas Party. We will have fewer categories and better prizes – so start thinking now of who you would like to see recognised for their running or contribution to the club.

You may know that I work as a life and mind set coach in my spare time – including leading regular hikes and retreats for a mental health charity. There is increasing evidence of the mental health benefits of running and walking, which I am sure you will recognise for yourself:-

1. Getting outdoors and enjoying nature – so don't forget to look at the trees, the sunsets and feel the mud and the crunch of the frost – it's all good for our mindfulness.
2. Physical movement and deep breathing are proven to be good for us physically and mentally.
3. A healthy body leads to a healthy mind - we all feel better after a good run (once we have recovered) don't we ? and staying fit is great for long-term health.

4. Running can be a literal escape and breathing-space from the stresses and pressures of home or work. As we step into our running shoes and out of the door, we can leave these behind for a while at least.

5. Finally – we love – and need - human connections, friendships, conversations, fun and working / running as a team. All hugely beneficial for our headspace and emotional health.

So, yes, keep on running !

Thanks again for a brilliant 2025, in which it has been a privilege to be Chair and part of our wonderful SRC family.

B: Female Captains.

Ladies LRRL Captain – Stacy King

It has been an honour to be the Ladies Captain for another year.

19 ladies took part in the LRRL races this year across different distances with some returning faces and new ones getting involved. The spirit of the road running team is fantastic with support and encouragement from signing up to crossing the finish line.

It was a mixed year with first time racing, new race added, unpredictable weather, PB's, and injuries. Despite battling through, the team were relegated from the Ladies Division 2 and Ladies Vet Division 2 after only being promoted in 2023. The year coming will be one to watch whether we can top Division 3 again with members back from injuries.

Special mention to Claire Kiffin who took part in all of the races across the season, just missing out on the top 3 in her age category for both the Spring and Summer season. She's more determined than ever to get to the top 3 now!

Ladies XC Captain – April Clough

As always, a big thank you to all the ladies who came out to join the XC team over the past 12 months. This included Alice Sharpley (first ever XC this month!), Amy Mark, Anna Munday, Annabel Gordon, Claire Kiffin, Helen Hartley (happily returning after a long hiatus), Kat Smith, Lynn Persse (also first XC, which just happened to be the wettest Bosworth ever!), Margaux Lefaucheux, Nicola Stevenson, and Rachel Cornes. Well done ladies!

Special mentions to Rachel and Claire who have run in every XC race this last year, Nicola who came an amazing 3rd place at her last race, and of course big congratulations to Anna who was the overall individual winner of the Senior Ladies category for the 2023/2024 season!!

In the 2023/2024 season it seems the ladies' team were also victorious, winning Division Two and securing promotion to Division One! You might wonder why it wasn't announced at the end of last season that we were the winners, parading around with the trophy. This was because at that time we were awarded second place. However, it appears that the scoring was recently re-calculated, and the results updated, with the previously winning team moved to third place, putting us first! Hooray Shepshed Ladies!

So far this season at the time of writing we have only had two races, as Ravenstone had to be cancelled (twice!) due to the weather and I'm very pleased to say we have managed to get a full ladies team, and a great selection of cakes out to both. With 4 more races to go.

We are always looking for new faces to join in, we're a friendly bunch and everyone is welcome to come and give it a go!

C: male Captains

Men's LRRL Captain – Paul Wooldridge

Season 2024 was an amazing effort by all members that participated in the LRRL league.

We have a great team spirit throughout the club, togetherness and lots encouragement for each other. Here's some achievements from last year

SPRING LEAGUE	SUMMER LEAGUE
29 men participated	29 men participated
100% attendances	100% attendances
Ray Draycott	Ray Draycott
Stuart Hunter	Stuart Hunter
Gary Sawle	Daniel Cook
Kevin Brooks	Josh Smith
Leighton Kimberlin	Lee O'Connor
Phill Higgs	
Most points= Lee	Most points= Lee
Ray Draycott 1st V75	Ray Draycott 1st V75
	Lee O'Connor 1st V40
Men Division 3	2nd with 148pts Promoted
Vet Men Division 2	2nd with 133 pts Promoted
Ray D & Stuart H	overall 100% attendance
Ray D	overall V75 Champion

Some great achievements this year by all members!

It's been an honour to be part of this as we're a fantastic club with amazing members/Friends.

This year is about sustaining ourselves in our newly promoted Divisions. It's going to be tough but with members commitment that they've shown over the last few years and their continuous improvement it's possible. Hopefully as a club we can encourage even more of our members to enter these races to show them how much fun they can be, also the social side of it after races. These are very exciting times at the club and long may it continue.

Just one special mention if I may and as we all would agree Ray Draycott at 76 still going strong, winning the V75 age category, enters more races than anyone! Hats off to you Ray you're a SRC legend!!!!

I would love to carry on as captain unless someone else feels they want to give it a try. I've still got a lot of enthusiasm for this role at the club for a few more seasons yet!.

Lastly thank you to everyone at the club for your continuous support and making it so enjoyable.

SRC Family!

Men's XC Team Captain – Jonathan Wortley

Last season saw an improvement in the men's team's standings in league 2, rising from 7th in 2023 to 5th in 2024. The overall team standings were not so strong, dropping from 4th in 2023 to 6th in 2024. After two rounds of the '24-'25 season, the men's team is currently in 5th position.

We celebrated an individual winning performance in 2024, with Raymond Draycott coming first in the VM70 category. The club congratulates Raymond and thanks him for his ongoing enthusiasm for cross country running and his stalwart support of the team.

The improvement in the men's performance reflects the strengthening of our team by new and returning runners in addition to our regular members. Concluding the '24 season we had some outstanding results from Chris Baxter (13th at Holly Hayes) and Lee O'Connor (15th at Bagworth Heath). Regulars Phillip Higgs, Jake Smith and Paul Wooldridge reliably bring in top 60 results.

I would like to make a special mention for Josh Smith who is running from strength to strength. Having joined the team last season, he has had some great results, with a best of 21st position (at the time of writing) at Martinshaw Woods - well done Josh.

Of course, this is a team sport, and I thank everyone who has raced with us over the past year whether for one or more races. I would like to commend Craig Stinchcombe, who along with Raymond, competed in all five rounds of the 2023-2024 season.

The team camaraderie remains, for me, the best aspect of cross country running. I am proud that our club is often amongst the last to leave each race as everyone is drinking tea, eating cakes and generally having a great time together.

Being able to field a full team of eight men has been an ongoing issue since we restarted racing after the Covid pandemic. The reasons for the fall in popularity of cross-country within the club are uncertain but may be due to the perceived toughness of the events, a sense of 'I'm not good enough for that' or that special equipment is required. I have received suggestions to attract team members such as having cross country 'try-out' sessions or to target a race for a club mass participation. Certainly, any ideas would be welcomed and a different approach tried.

I have decided to resign from my position as Men's Cross-Country Captain after a number of years in the role. It has been an honour and pleasure to have been the captain and I thank again everyone for their support at each and every race. It is time for some fresh ideas to grow the team and I wish the next captain every success.

D: Membership Secretary

David Hattersley stated the following:

Memberships have improved a . The trend being shown below.

2018 91 Members 30 EA Members
2019 110 Members 31 EA Members
2020 65 Members 30 EA Members
2021 84 Members 25 EA Members.
2022 83 Members 27 EA members.
2023 77 Members 28 EA Members

Our membership numbers have improved this year up to 108 members and 31 EA members and have drawn in a total of £2107 in fees

Non-Payees

All members who have been regularly running have paid with only one or two exceptions. These being members who only joined in the last two months and with deferring the club fees till March/April it seemed fair to wait till the renewal date.

EA Membership Fees

Personal EA membership will be £20 as of this financial Year. (from £19). EA memberships are due on the 1st of April 2025

EA Club membership will increase from £200 to £205 for the next financial year.

EA Standards

Our Chairman has done a sterling job of completing the EA Club Standards. These are mandatory for 2025 with EA from the 1st April. We are currently hitting 5 out of 7 standards.

The only two we have not hit at this moment are the election of a Lead Welfare officer. Also, all welfare officers have to complete online training. Both these need completing before April to allow the club to continue its EA affiliation.

ARC Membership

ARC is approximately £121 but this is determined in April and is based on last year's membership levels.

Marathon Draw

Due to only a limited number of our members paying for membership to EA, we are not awarded an automatic entry to the London Marathon anymore. All clubs with less than 100 EA members have to enter a ballot and we were unsuccessful this year. This has been the same for the last two years. We are automatically entered into this ballot system, and I hope we will be lucky enough to get a place next year. If we do, I propose we keep the same entry criteria for club members to apply for a place

- 1 Be rejected from the London Ballot
- 2 Be a member of SRC for over one year.
- 3 Be a Member of English Athletics
- 4 Not to have been in the London Marathon in 2023 in any category (i.e. charity or ballot entry)

The only other issue with this ballot system that members need to be aware of, is that the ballot draw is made in November/December and does not give a runner much training time before the race.

E: Treasurer

Bob Haskins stated the following:

SHEPSHED RUNNING CLUB							
Income and Expenditure for the period 1st January 2024 - 31st December 2024							
2023		INCOME		2023		EXPENDITURE	
1430	Memberships	Club	2107.00	80	LRRL affiliation		50.00
629		EA	589.00	121	ARC affiliation		121.00
793	Kit sales		297.00	28	LRRA affiliation		28.00
49	LRRL Presentation evening		105.00	779	EA affiliations (club = £200)		789.00
168	BBQ donations		185.07		Room Hire (Development night)		20.00
620	40th Anniversary tickets			74	Expenses		145.96
344	Christmas disco income		540.00	8	Hut Keys		10.00
30	Friends of St. Botolphs Open day			400	Hut ground rent		425.00
	Grace Dieu Cross Country		493.50	279	Scimitar (kit purchase)		
				914	Club vests		
				10	Friends of St. Botolph Stall		
				168	Air ambulance donation		185.07
				18	Subscription refund		
				89	AGM Buffet		150.00
				70	AGM Room Hire		
				198	Barbecue expenses		178.45
				98	LRRL presentation evening		175.00
				380	40th Anniversary buffet		
				210	40th Anniversary Room Hire		
				150	40th Anniversary Disco		
				24	40th Anniversary Gifts		
				180	40th Anniversary Charity donation		
				88	40th Anniversary expenses		
				360	Xmas disco buffet		320.00
				120	Xmas disco		180.00
				75	Xmas Disco room hire		225.00
					Room decoration		136.08
				27	Annual presentations		
				25	XC race permit		25.00
					Trophies		45.50
				50	Publicity Leaflets		
					Run Leader renewal		20.00
			4316.57				3229.06
960	Excess Expenditure over Income				Excess Income over Expenditure		1087.51
5023			4316.57	5023			4316.57
Balance Sheet as at 31st December 2024							
2023		Reserves and Liabilities		2023		Assets and Investments	
4756	Balance brought forward	3796.80		3620	Cash at Bank		4815.06
-959	Surplus/Deficit	1087.51	4884.31	33	Cash in hand		69.25
0	Sundry Creditors		0.00	0	Sundry Debtors		0.00
3797			4884.31	3653			4884.31

SHEPSHED RUNNING CLUB SHEPSHED 7									
Income and Expenditure for the period 1st January 2024 - 31st December 2024									
2023	INCOME				2023	EXPENDITURE			
7220	Entries (SI)			7076.66	25	Race Permit			25.00
					151	Trophies			292.20
	Fun Run and sales				880	Race Prizes			800.00
	T shirt sales				0	Race Numbers and chips			277.30
175	Catering	Cash			107	Spot Prizes			100.00
112		Card sales			2724	Shirts			3036.00
110	Unclaimed prizes from previous years				550	School Hire			575.00
					220	Timewise race timing			240.00
	On the day sales (fun run, T shirts, catering)				583	Chip Timing			405.00
		Cash	500.50		504	ABC Training (medical support)			564.00
		Card sales	220.14		0	Water			73.36
					0	General Expenses			28.28
	Donation from Persimmons		1000.00		180	After race buffet			180.00
					0	To cash account			0.00
					51	Café supplies			48.18
									6644.32
						Race and hut equipment			
					26	Marker Flags			
					124	Equipment Trucks			
					47	Sumup equipment			
						Hut shelving			140.00
						Hut storage boxes			103.24
						Charitable donations			0.00
				8797.30					6887.56
	Excess Expenditure over Income				1445	Excess Income over Expenditure			1909.74
7617				8797.30	7617				8797.30
Balance Sheet as at 31st December 2024									
2023	Reserves and Liabilities				2023	Assets and Investments			
9800	Balance brought forward	11245.50			11245	Cash at Bank			13155.24
1445	Surplus/Deficit	1909.74	13155.24		0	Cash in hand			0.00
0	Sundry Creditors		0.00		0	Sundry Debtors			0.00
11245			13155.24		11245				13155.24

Bob stated that the club made a profit of £1087.51 and we now have £4884.31 in the club account. The Shepshed 7 made a profit of £1909.74 and we now have £13155.24 in the Shepshed 7 Account. However some of this will be ear marked for the hut improvements.

Bob also recommended the club fees stay at £20.

F: Kit Secretary

Gary Sawle stated the following:

Achievements:

New additions to the Kit.

We expanded our shop offerings to include a sweatshirt, a running gilet, and a half-zip sweat top. These additions have been well-received, and we're awaiting final sales statistics for 2024 to provide a comprehensive update for all sales in the kit shops.

Exciting New Club Vest Design.

We're thrilled to announce the approval of a fresh new design for our club vests! Following the AGM, this design will be shared across our social media channels to generate excitement and engagement. These vests will be available to order immediately; however, please note that lead times may apply, due to their custom design.

Shepshed 7.

In November, we successfully hosted the Shepshed 7 race, where we distributed 400 two-tone shirts to participants. Feedback on the shirts has been positive, with many runners expressing their satisfaction with the design.

Challenges:

Balancing Responsibilities

Time management has been my greatest challenge this year. With a demanding work schedule that often extends into personal time, alongside my commitment to running and ongoing self-development, I've found it difficult to dedicate as much attention as I'd like to the shop, kit designs, and other responsibilities. Despite these challenges, I consider it a privilege to serve as the Kit Officer for Shepshed Running Club and am eager to continue in this role for the upcoming year. That said, if I find myself facing the same constraints this time next year, I will need to reassess my position to ensure the club continues to receive the dedication it deserves.

Shepshed 7 Kit Improvements

This year, we made strides in improving the accuracy of kit allocations and reducing leftover stock for the Shepshed 7 race. While we've made significant progress, there's still room for refinement, and I plan to work closely with the committee to enhance this process further. A special thanks to Stacy for her valuable feedback on areas where we fell short—your insights have been greatly appreciated. For the volunteers who missed out on kit this year, I've compiled the numbers and will ensure this is resolved by the end of the month.

The Year Ahead:

Exciting New Designs

The coming year presents limitless possibilities for new kit designs, and I'm eager to explore them! Once we've narrowed down a few standout options, we'll be turning to you, our members, to vote for your favourites. Your input is invaluable, so get your creative juices flowing—we'd love to see your ideas in action!

Expanding Shop Offerings

I'm constantly on the lookout for ways to expand the variety of kit available in the shop. This year, I'm exploring options such as hats and snoods to add to our collection. Keep an eye on the shop for exciting new additions to support your running journey!

Conclusion

Looking Ahead

As I enter my eighth year with the club, I'm excited to continue serving in both my roles—as Kit Officer and as a run leader. While some of my routes may occasionally lead to unexpected adventures, I'm reassured that these moments only add to the fun and camaraderie we share as a club.

The League

I'm thrilled to see how our journey unfolds in the league this year, especially following last year's fantastic promotions across various categories. It's a privilege to be part of such a dynamic and ambitious club, and I can't wait to see what we achieve together next.

G: Entertainment

Steve Williams stated the following:

We had a good couple of social Events this year. We finished on a high with the Fancy Dress Christmas Party that was very well attended and everyone had a great time.

We will also have the Awards Celebration evening on the 8th April 2025

Steve also wished to thank everyone who had assisted in making the events happen.

H: Social Media

Press Officer – Rachel Muddimer stated the following:

We started the year with great success in getting reports in the Echo and they seemed happy to include photos and information promoting the club.

As the year went out, posts became hit and miss, and some reports never seemed to make the paper.

Despite many different WhatsApp groups, results still get lost in the vast amount of WhatsApp messages and with the deadline of midday Monday to get results in, it became increasingly difficult to find results and write a report. I set up a results group, with the purpose of people putting any results they wanted reporting, it has been used a couple of times, but results don't appear in there very often.

The Echo also seems to go up in price every week, so I'm not sure how much publicity we get from it. There are no other local papers or places to promote the club other than social media, so I'm not sure what is best now from a press point of view.

Social Media – Stacy King stated the following:

Social Media (Facebook/Instagram) is continuing to grow with cross-posting and tags from members and other clubs this year. Overall views have increased 112% in the last 28 days (January 2025.)

Highest viewed content for 2024 was focused around the Shepshed 7 with nearly 3,500 people accessing it. 24% is coming from non-followers which highlights the usefulness of the correct hashtags.

The ability to automatically upload content from Instagram to the Facebook page makes it easier to post on both media outlets at the same time. This is only used for public facing posts.

Suggestions for content would be gratefully received from members and the 'Meet the Member' feature will make a comeback for 2025.

I: Race Director

George Clarke stated the following:

Shepshed 7 – Sunday 2nd November 2025

Start times:

- Children's 1-mile fun run: 10:00 am.
- Adults race: 11:00 am.

1. Confirmed/completed:

Support and Permissions:

- Persimmon Homes, Iveshead College, and St Botolph's have granted permissions.
- Lesly at Iveshead college has confirmed kitchen use, counters, coffee machines, and other facilities.

2. Suppliers and Equipment:

- Colin (ABC) booked.
- John Skevington (chip timing) booked.
- Water supplied by Aldi (small bottles 500ml for finishers, 5 litre bottles with paper cups for the runners.
- Mile markers established using what3 words.

3. Parking:

- Experienced marshals ensured a smooth parking with no reported issues

Entry Cap and Registrations:

- 2024 entry cap was 400. With a slight overage (406 entries). Could impact the t shirts.

- Volunteers:

Experienced team roles for set up, take down, results, bag room, catering, race commentary, marshalling, signage, photos, T-shirts, prizes, trophies, start and finish area, fun run assistants, car park roles, registration, and everyone who helped on the day and on the preparation, etc, you are praised for their efforts. They did a fantastic job in 2024 so a massive well done.

4. Issues to be discussed and rectified:

Iveshead College to confirm the time of arrival with keys and to be on time to enable us to set up the event.

T-shirt collection, location (possibly inside the hall, as this would encourage a higher use of the canteen.

T-shirt design, maybe assign it to one or two people to work together and design an end product.

Decide as a club how the money is to be used.

Marshall bags ready to go with bibs at least a week prior to the race, to include their position with a map and what3words.

Access to the entry data and previous entry information. Required to enable us to send emails regarding the race information etc.

A cap on the entries to be confirmed and adhered to, this will ensure that numbers, chips, T shirts, water are calculated correctly and confirmed.

5. Pending:

- Confirm T-shirts, trophies, and prizes:

- o Gary is looking at T-shirts.
- o Dave is handling medals and trophies.
- Design for T-shirts is required.
- Recruit new marshals and helpers to strengthen the volunteer pool.
- Create a detailed checklist for 2025 tasks and track progress.

Shepshed Handicap Fun Run – Tuesday 24th June 2025

Start Time: 1900

Confirmed/Completed:

- Permissions secured from landowners and Iveshead College.
- 2024 event was a success, with positive feedback from local clubs.

Action Items:

- Prepare and confirm gate access and any necessary path clearance.
- Ensure volunteers are ready and confirm Ian's role for finishers.

The Fun Run of 2024 went well, and we have had excellent feedback from other club members who attended the run.

Grace Dieu X Country – Sunday 26th January 2025

Start Times:

- Children's race: 10:00 AM (1–2 laps of the field).
- Adults race: 11:00 AM (5.4 miles).

Confirmed/Completed:

- Permissions from the Academy, farmer, and Saville's.
- Colin (ABC) booked.
- Course changes shared with participants.

Pending:

- Final confirmation of course changes at the AGM.
- Gather and address feedback after the event.

Race Equipment

- Organise equipment in the club hut throughout the year.
- Purchase necessary items (tape, flags, bibs, maps, radios, etc.) in advance.
- Decide whether to purchase or borrow radios.

Goals for Improvements

1. Increase recruitment for volunteers.
2. Improve task tracking using a detailed timeline or checklist.
3. Finalise outstanding items early (e.g., prizes, T-shirts).
4. Ensure that myself and at least one other has access to the entry data.
5. Regular emails and advertising of the race are being sent to previous runners and other online areas are advertising.
6. Advertising posters to set up at some Park runs etc.

J: Maintenance Officer

David Hattersley stated the following:

I have started to improve the hut this year. Initially I have removed a number of items and such which had been littering the hut. This has involved removing the old oil drum BBQ and other items that had become broken and just stored.

I have also installed new racking and purchased storage boxes that have helped organise the hut. It had been my intention to undertake roof repairs this year. However, it was noted that a number of issues had occurred on campus. One being the closure of the toy library and the building it was in has since been demolished. Also, the nursery on site had to close after its rental had been quadrupled.

Having seen this it, did not seem prudent to start renovations to the hut and the financial outlay this would involve until we could speak to the school to see any future direction they were making to the site.

Our Chairman has been making enquiries, and it does not appear that there is any intention to change the status quo. With this in mind if re-elected I will be looking at re-roofing the hut this year, with the club's approval.

I have been making some enquires to this and have looked at the material costs involved. If we use metal profiled sheets the estimated cost for all the materials is approximately £1350. Life span of approximately 60 years. Also, if needed it can be removed and repaired relatively easily and reused.

A felt based roof using two layers of felt will be approximately £1200 and only a 10-to-15 year life expectancy. The hut being timber and its method construction means it is prone to a great deal of movement due to grain expansion/contraction from summer to winter. This stretches the felt and this is prone to cracking which has caused the roof to leak.

With all this in mind with just the additional cost of £150 we would have a much more durable/versatile roof if we used the profile metal sheets.

Whichever choice is made, until the old roof material is removed, we cannot be certain what we will find so there may be additional costs we cannot foresee. However, I will keep anything to a minimal.

I have attached a cost break down for info.

Once the roof is complete then the interior can then be accessed for improvements. The rest of the hut is in good order but will be managed through the year.

Hut roof
12840 long 2285 slope
Profiled metal roof. Life expectancy 60 years

Underfelt

Two rolls of breathable under felt £149.98

Roofing sheets

26 sheets of metal profile sheets £750.00
Pack of 10 x 10ft Goosewing Grey PVC
Plastisol Coated Low Profile Roofing Sheets 3@ £250 each

Verge boards

4 Lengths of Metal Verge Boards 100mm x 100mm @£17.50 each £ 70.00

Ridge Boards

5 lengths of metal verge £ 87.50
Lengths Metal ridge 100mm x 100mm 3m length @£17.50

Metal sheet screws

Self Tapping Stitcher Fixings / Screws (for ridge and eaves) £ 12.50
£12.50 for 100 one bag
Self Tapping Tek Fixings / Screws 32mm £12.50 for 100£ £ 50.00

Screw caps

1000 for £10 £ 10.00

Foam infill

lengths eaves and Ridge (52 at 1m) 6 packs at £10 each £ 60.00
Foam infill Foam Fillers for Box Profile & Tile Effect Roofing Sheets
1m – Pack of 5 lengths £10 for five

Staples for securing under felt £ 8.49

Screws for battens £ 15.00

Battens

25x38 Treated battens 25 at 4.2m at £0.67 a meter £ 70.50

T and G for repair

25 x 125 mm Nominal size 3.9m length at £9.64 each £28.92
Tongue & Groove Planed Softwood Timber Floor Board

Total estimate

£1312.89

If felt two layers

Felt

Roof Pro Black Premium Shed Felt 10m x 1m 12 off at £49.99 each	£599.88
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Adhesive

Bostik Feltfix Bituminous Roof Felt Adhesive Black 5Ltr at £26.99 each Bituminous felt adhesive for roofs. Covers 0.6-0.8m ² /Ltr. 19 tins	£512.81
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T and G for repair

25 x 125 mm Nominal size 3.9m length at £9.64 each Tongue & Groove Planed Softwood Timber Floor Board	£28.92
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Nails and fixings will be additional costs

Total estimate	£1150.61
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Life expectancy 5 to 10 years

The above figures are estimates rather than a quote based on current prices. They can fluctuate and are also based on availability.

There may be additional costs that cannot be foreseen until the old roof coving is removed. Also there may be costs for disposing of the old roofing felt.

It was decided by the AGM that the metal roof was the best value for money option and that this should proceed. Dave Hattersley stated that he would take this forward after Easter.

Elections

Chair	Dave Bottomley
Vice Chair	Richard Bibb
Secretary	Dave Hattersley
Treasurer	Bob Haskins
Membership Secretary	Dave Hattersley
Social media	Stacy King
Race Director	George Clarke
Press Officer	Rachel Muddimer
Male Captain	Paul Wooldridge and Phil Higgs
Female Captain	April Clough and Stacy King
Kit Secretary	Gary Sawle
Entertainments Officer	Steve Williams
Welfare Officer	Zoe Heath
Maintenance Officer	Dave Hattersley
Development Officer	Jake Smith

Subscriptions

Fees were agreed to be £20 for club membership and EA increased to £20

Any Other Business

Richard Bibb raised the matter of Charity Donations from the Shepshed 7. He stated that we used to donate £200 per charity, and from previous records, he had compiled a list of local charities that the club had previously donated. This list consisted of 9 local charities.

He proposed donating to each of these. It was agreed that if £200 was donated to each this would total £1800. Normally the club had donated £1200 in total in a single year.

Zoe Heath asked how much money would be needed to be kept as a surplus in the Shepshed 7 account for a failure to hold the race. Richard stated a minimum of £5000 would be needed for this. Zoe asked if taking insurance out to cover this eventuality would be better. It was pointed out this insurance would have to be paid annually and would impact the profit the race made.

With the possible cost of hut repairs and other upcoming costs it was agreed by the AGM that £150 would be donated to each of these charities this year and this would be £1350 in total. Richard stated he would arrange this.

It was pointed out this year Persimmons had sponsored the race to the value of £1000 which helped with the charitable donations the club made and George was thanked for organising.

Jake Smith suggested that the club should be involved in developing runners and getting the club more involved in local races and events. He made a number of references to local races the club had not entered. He suggested a member of the club could be involved in collating this information and promoting development of runners.

It was put forward by Dave Bottomley that this could be a committee position and suggested that Jake Smith could take this on. This was voted on and Jake Smith was elected as the club's Development officer.

Jonathon Wortley then stated that he did not wish to stand as XC male captain next year but would remain till the end of this season.

It was also suggested that a position of Vice Chair be suggested to assist the Chairman should he be away. It was suggested that Richard Bibb could take on this role. The AGM then elected Richard to the Vice Chairs position.

Dave Bottomley thanked him for his work and enthusiasm. Phil Higgs was then suggested as a replacement. This was voted on by the AGM and Phil Higgs was elected.

Club Development

Dave Bottomley then stated the last development meeting the club had held was February 2024 and then a smaller one in summer 2024. Since then various improvements had been made, such as different groups and training nights. He thanked Helen Stinchcombe and Helen Hartley for helping organise this.

However Dave Bottomley then pointed out he has seen runners in Shepshed who don't run with the club and wondered why they didn't join. Also how we could recruit more members.

Ideas were suggested for a Park Run take over or an open night to encourage more members.

It was suggested by Dave Bottomley that the away runs were a good idea and has kept members interested in attending club nights as it adds variety

He also stated that the interval nights had been another good way of encouraging runners. Also members had a lot of experience that could be passed around the club.

He suggested that the more experienced runners could help educate the less experienced runners and that this should be encouraged.

Helen Hartley then pointed out that there was a gap within the running groups as no one caters for the 9.30min to 10min pace and asked if this could be looked at.

Also the red group is also missing 8.30min to 9min pace. Gary Sawle and Steve Williams stated they would look at this

Dave Bottomley stated that this could be but the club needed a bigger group of run leaders to take groups out and that the club has struggled on occasion to organise this

Russ Balbi then suggested and offered to complete training plans for runners in the club who wished to develop. Jonathon Wortley then suggested that in conjunction with this there could be a list of contacts in the hut or on the club website for members who could assist others in developing themselves and who they could contact for advice. Again Dave Bottomley stated he would look at this.

Dave Bottomley then suggested that talks on nutrient and kit may be an input members may benefit from.

Paul Wooldrige also suggested if an additional training night should be introduced so that members would have a greater flexibility to attend and train.

Zoe Heath suggested that zoom meeting may be a way of helping members and guest speakers may be able to use this to engage with club members.

It was also suggested a club open night/event near the beginning of the year where new members were encourage to come along and the whole club run with them would be a possibility. This could be a way of starting up a new run to 5 k program. Richard Bibb suggested this could be an intake day.

Paul Wooldridge then suggested a couch to 5K program with a view to being able for the runner to eventually take part in a Park run could be a way to encourage new runners.

Russ Balbi, Jake Smith and Richard Bibb agreed to form a group to take these ideas forward and to plan inputs to the club. Richard Bibb stated he would see if he could make contact with Physios that he has been in touch with in the past who could give inputs

Jonathon Wortley then stated he would like to try and encourage more members to take part in the XC league.

He asked if we could proactively encourage people to join and put the race information out.

Richard Bibb then suggested that there could be some XC running routes introduced so that members could practice prior to running in the XC league.

It was noted that the LRRL was always well attended.

Richard Bibb stated that we had taken over a local Park run in the past and this had gone well. Dave Hattersley then suggested as an alternative the club could attend a local park run on masse and in club shirts to advertise the club and show participation.

It was then suggested by Jake Smith that a new tent/gazebo was needed for club events. This could be used to advertise the club. It was agreed by the AGM that this would be looked at.

No other matters were raised and the meeting was closed.