



SHEPSHED RC

Minutes for the
Shepshed Running Club Annual General Meeting
At The Black Swan, Loughborough Road, Shepshed, 12 February 2026

Present.

Dave Bottomley (Chairman), Richard Bibb (Vice Chairman), Dave Hattersley (Secretary, Memberships, Maintenance), Bob Haskins (Treasurer), April Clough (Female Captain XC), Stacy King (Female Captain LRRL, Social Media), Rachel Muddimer (Press Officer), Phil Higgs (Male Captain XC), Gary Sawle (Kit), George Clarke (Race Director),

Craig Stinchcombe, Helen Stinchcombe, Russ Balbi, Annabel Gordan, Ian Martin, Alison Bibb, Mike Brettle, Naomi Law, Ken McKechanie.

Welcome.

The Chair opened the meeting at 19:29 hours 12th February 2026 and welcomed everyone to the meeting. It was decided there were sufficient members present to hold the AGM, subject to important decisions being subsequently ratified by the Committee as necessary.

Apologies.

The Chairman stated that Rachel Cornes, Kat and Glenn Smith, Zoe Heath, Jonathon Wortley, Helen Hartley, Jake Smith Paul Woolridge and Tracey Brooks offered their apologies.

Minutes of 2025 AGM.

Last year's minutes were presented to the meeting. It was pointed out that they had been available on the SRC website for 11 months. The minutes of the 2025 AGM were agreed to be a true record.

Reports.

A: The Chairman

Dave Bottomley stated the following:

The objectives of Shepshed Running Club as contained in our constitution are: -

- To provide opportunities and facilities for running and associated activities
- To encourage physical and mental fitness and health
- To promote community participation in healthy recreation

- To provide and promote opportunities for improvement and competition
- Primarily for the inhabitants of Shepshed and its surrounding areas
- To do so without discrimination in a welcoming, friendly, supportive, and inclusive way

We more than met these objectives again in 2025, and once again it has been a pleasure and a privilege to be your Club Chair. Unfortunately, I suffered two hamstring injuries last year, which restricted my participation in club training nights and club races. Apologies for being less visible than usual, although I am sure this has been my loss much more than yours!

A special shout out for Richard, our vice-chairman who has done so much more than step in when I've not been around.

Fortunately, we have a great Committee, an army of other volunteers, and an amazing level of participation in LRRL, XC races, Parkruns and other events. All of which have made 2025 another brilliant year for Shepshed Running Club. Please read all the reports below.

Every week we have members of the club running road and trail races of various lengths and types across the country, and even internationally. We had a group travel to race in Ibiza again, and a good number of us enjoyed competing in the 24 hours Equinox challenge, despite, or even because of, the cold and rain.

Every Saturday, dozens of members participate in Parkruns locally and further afield. A group also regularly volunteer at Dishley. The tourism challenge was a great success, thanks Stacy (see below). Sunday socials have been a little less regular this year; let's see if we can make these more appealing to a wider group.

We can scroll through Strava every day to give kudos to members running all over the place (I managed three in Vietnam), keeping fit, achieving segment records, enjoying the countryside and enjoying friendships.

Training Club Nights continue to be well supported. The colour-coded groups hopefully mean there are distances and speeds suitable for everyone most nights. Big thanks to all of the regular leaders who plan routes and lead the groups week in and week out.

Special thanks to Helen and Helen who allocate group leaders each month. We are always in need of more leaders, both to fill in gaps, and also to give the regular leaders a break from time to time to focus on their own running. Let us know if you can take the odd session or two each month.

We will continue to look at ways to bring more variety, and training helps to our club nights, and to encourage more to attend. One idea is to have regular routes that can be led by anyone, and also where we can accommodate different groups on the same basic route, with optional extensions.

We had enquiries throughout the year from local runners, asking to join us and take part in club nights, some of which have stayed, others who have not. Joining a group of people who know each other, with the pressure of feeling the need to perform, can be daunting at best. If they have been brave enough to do so, let's all make a special effort to encourage them to stay and feel at home.

Alongside the serious business of running and racing, of course, we enjoy the fun and warmth of being in our SRC Family. The WhatsApp group is alive with chat, humour, and mutual support and praise. It is now restricted to members only, to make it a safer space. The private SRC Facebook group is also now open only to new members, although we still need to remove a number of former members.

Of course, we enjoy real life socializing too, not just on social media. Thanks to Steve for organising a superb Christmas Party with our 1970s/80s theme.

It is lovely to see the support across the club for those who are struggling, either through injury or illness, and also in a couple of cases very sadly through the loss of loved ones. For me, this level of care is what makes SRC a very special club.

We held our annual awards in April again, the Oscars of SRC, where we were all able to vote in order to celebrate and recognise great running (across the range) plus special contributions to the club. Another highlight was the new members open evening, which we hope to repeat this year.

The committee has met twice, as well as many discussions in our WhatsApp group. At our last meeting we agreed on a couple of new initiatives for 2026-7.

- a. Revamp/replacement of our website to bring it up-to-date and easier to maintain.
- b. A Couch to 5k programme, over 12 weeks and incorporating Parkruns.
- c. To train one more run leader, Gaz was trained last year.
- d. Relook at club training nights as mentioned above, and a daytime alternatives.

A few special thanks to finish: -

1. To all of the SRC committee who do a load of amazing work, all voluntarily and much unnoticed, to enable us to run, race and operate. This includes managing finances, dealing with membership, publicizing the club, selecting and supplying kit, maintaining our website and social media, captaining our teams, developing new ideas, organising and leading our own XC and Shepshed 7 races, taking responsibility for entertainment and welfare.
2. For Dave Hattersley and family for the magnificent refurbishment of the hut (see Dave's report below)
3. Phil for his rigorous investigations into our choice of gazebo, which has been a superb addition to our club.
4. Paul W and Steve W, both retiring from the committee this year, for your years of enthusiastic service.
5. To all of you who volunteer and help with the club in so many different ways. There are always more opportunities to do so, so please just ask.

Thanks again for a brilliant 2025, in which it has been a privilege to be Chair and part of our wonderful SRC family.

I plan this to be my last year as chair of SRC. That will be 5 years as chair, which is long enough for all of us! It would be great to find a potential successor sooner rather than later, so that we can have a smooth handover. Ideally someone younger and fitter (which is most of you), with some new ideas and energy.

Any member may stand for this (or any other committee role). To chat about this, with no obligation, just let me know, or alternatively talk to Richard (my predecessor).

B: Female Captains.

Ladies LRRL Captain – Stacy King stated the following for both the Ladies and Men's Teams

There has been a strong attendance across all LRRL fixtures with a high percentage from both new and experienced members engaging in the races. The club is demonstrating strong and sustainable race entry with 47 members taking part in races. This level of consistency reflects a healthy racing culture and suggests that members are not only training regularly but also committing to competitive fixtures and club-supported events.

It's clear from the results that Shepshed RC has a really strong, experienced core holding the club together. The biggest group is our VM50 runners, with eight athletes leading the way. Right behind them, we've got seven Senior Females, and another six each in VF50 and Senior Men, which shows just how much seasoned talent we have across the board.

All of this experience gives the club a solid backbone, both in terms of performance and the stability that comes from runners who know the league, show up consistently, and support the team season after season.

Let's hear it for the boys! This year has seen a high-performing and deeply committed men's team flying high in Division Two and securing promotion. Looking forward to them disrupting Division 1.

Special shout out to the following runners:

- Josh who was the club's top scorer in LRRL races showing consistency at the front of the field and placing 9th in his age category.
- Alice who was the standout female performer this year with multiple PBs and the second highest scorer for the club.
- George who took on his first LRRL season with strong performances in every race coming 6th in his age category.
- Naomi who participated in 7 races across the season and showed excellent consistency in her point scoring.
- Paul W who came 4th in his age category demonstrating elite pacing and reliability.
- Ray who decided to retire from road running this year but still came 4th in his age category representing the club at the Bosworth Half Marathon.

This year has been a foundation and 2026 will bring new possibilities for all members that take part in the LRRL races.

Parkrun Club Tourism Challenge

31 members took part in 10 different Parkrun venues across the year (Feb-Nov). These were chosen based on their vicinity to Shepshed and not the normal places members attend on a Saturday morning. It was open to all members and based on age grade percentage not fastest time.

Rother Valley was our May event allowing us to visit with Derek and Dianne. It was great to see them and spend some time as a club in a lovely location.

Overall winner of the challenge was Craig Stinchcombe who collected 67 points across 8 events, highest percentage of 64.08% and an average of 58.41%. Second was Tracey Brooks with 53 points across 9 events, highest percentage of 59.33% and an average of 55.66%.

Special mention to:

- Brian Darby who attended every event!
- Paul Wooldridge who achieved an 81.90% age grade at Alvaston and Sheila Carruthers who achieved a 73.34% age grade at Rother Valley.

Many members expressed how much they enjoyed the social event even without the challenge being a part of it, so it will return for 2026 with a few potential new venues added to the mix.

Ladies XC Captain – April Clough stated the following

Over the last year we have had 13 ladies that took part in at least one cross country race - apart from me, that's Naomi Law, Rachel Cornes, Katherine White, Margaux Lefauchaux, Alice Sharpley, Claire

Kiffin, Helen Hartley, Carolyn Wilson, Amy Mark, Kat Smith, Annabel Gordon, and Gill Cartlidge, who made her debut appearance at the first cross country this year at Ravenstone. Special mention to both Naomi and Rachel for each turning up to 4 out of the 5 races, and Naomi for getting the lowest (that's best!) place this year of an excellent 37th achieved at the most recent Martinshaw woods this month. Well done! Thanks very much to you all for making sure we always had enough ladies to get a team score at each race.

At the end of last season our ladies team came 9th out of 10 teams in League one, which did mean that we were demoted to League 2. This season the XC teams have been divided into 3 Leagues and as of race 3 at Martinshaw Woods, the Shepshed ladies are coming a solid 5th out of 10 teams in League 2.

With 3 races to go, let's keep up the good work representing team SRC!

C: Male Captains

Men's LRRL Captain – Paul Wooldridge

Paul Wooldridge was unable to attend but Stacy King reported on his behalf (see Female LRRL Captains report)

Men's XC Team Captain – Phil Higgs stated the following

Performance: Final Results from last season 2024/2025

- As a team finished 4th in league 2
- Men finished 6th in league 2.
- Ladies finished 9th in league 1.

Performance so far after 3 events: season 2025/2026

- As a team 3rd in league 2.
- Men finished 2nd in league 2.
- Ladies finished 5th in league 2.

Three more cross countries to run:

- 15th February. 2026. At Holly Hayes Woods Whitwick, Leicestershire.
- 8th of March 2026. At market Bosworth battlefields, borough of Hinckley.
- 15th of March 2026. Grace Dieu Woods, Leicestershire.

Three Cross Country events have been undertaken so far this season. Shepshed Running Club has provided full men's and ladies teams for each of these three events. As a result, the Club is doing very well in the league, see above performance results 2025/2026.

As requested by the organisers, the Club continues encourage members to car share for every event. Members meet at the schools car park near the swimming pool from 8:45 am to depart at 9 am. Most of the XC start at 10:30 am. Often the ladies start five minutes after the men to avoid congestion issues.

Formal announcements advertising each Cross Country event are made in the club's hut and through WhatsApp. Announcements begin approximately three weeks before each event and continue until the week before the event. Informal chitchat by the regular Cross Country goers encouraging other members to participate is encouraged.

Whilst advertising Cross Country events the speaker should answer any questions regarding appropriate equipment and kit necessary to complete a Cross Country event. Some cross countries are suitable for spiked Cross Country shoes others for rubber studded Cross Country footwear. Trail shoes should only be suggested as a suitable form of footwear in very dry conditions, e.g. XC held in October, before the winter wet has set in.

A tent is an essential piece of kit taken to each Cross Country as is the refreshment box containing hot water inside the conical flasks, various teas, coffees and hot chocolate. Cakes are also provided by some of the ladies and occasionally by men folk, which are very much welcomed. Presently the ladies captain takes the tent and the men's captain takes the box of drinking equipment. There is no rule as to who takes any particular item to cross Country events.

Once in attendance, at each Cross Country event, one of the captains collects the administration package from Dave Mann, XC organiser. He can be found in the red box layout gazebo. Other members from the Club may also complete this task. The administration package contains all the paperwork required to register a Club's team; register collected entry fees and record the finishing position for each entrant. This is quite a time-consuming task and needs to be undertaken accurately. It needs to be completed by an individual with a certain level of education, maths and English.

It is important to emphasise the time consuming nature of cleaning up after a Cross Country. A tent or gazebo, whichever is taken may need considerable cleaning, especially the ground sheet. All the mugs and conical flasks will need cleaning, ready for the next event. The box used to hold the refreshments equipment may also need cleaning itself. All rubbish created by Club members should be removed and taken on leaving any event. After each Cross Country event the captains are encouraged to release a summary of the results along with a right up of activities, for the participants from the club.

D: Membership Secretary

David Hattersley stated the following:

Our membership numbers have remained consistent this year at 101 members and 30 EA members and have drawn in a total of approximately £2020 in fees. Not all members have paid the full amount as they joined six months into the year and had a reduced fee.

Non-Payees

All members who have been regularly running have paid with only one or two exceptions. These being members who only joined in the last two months and with deferring the club fees till March/April it seemed fair to wait till the renewal date.

EA Membership Fees

Personal EA membership will be £23 as of this financial Year. (from £20 last year and £19 the year before). EA memberships are due on the 1st of April 2026

EA Club membership will increase from £205 to £210 (£200 in 2024) for the next financial year.

EA Standards

Our Chairman has done a sterling job of completing the EA Club Standards. These are mandatory for 2025 with EA from the 1st April. We are currently hitting 5 out of 7 standards. The only two we have not hit at this moment are the election of a Lead Welfare officer. Also all welfare officers have to complete online training. Both these need completing before April to allow the club to continue its EA affiliation.

ARC Membership

ARC is approximately £121 but this is determined in April and is based on last year's membership levels.

London Marathon Draw

Due to only a limited number of our members paying for membership to EA, we are not awarded an automatic entry to the London Marathon anymore. All clubs with less than 100 EA members have to enter a ballot but we were successful this year. (we were unsuccessful for the last two years).

Our club therefore had our traditional draw and Kev Brooks was successful and has taken the place and we wish him good luck.

An issue did arise with the clubs draw and initially another member won the place. However he had already entered the marathons good for age process and had won our clubs last club place when we last won one.

Our member informed us of this, and very graciously asked for us to redraw as he did not think it fair. It was much appreciated by myself that he offered.

Our member did get the good for age slot and if he had taken the club place as well we would have lost it.

We are automatically entered into this ballot system next year. If we do win another place, I propose we keep the same entry criteria with two additional criteria for club members to apply for a place:

- 1 Be rejected from the London Ballot
- 2 Be a member of SRC for over one year.
- 3 Be a Member of English Athletics
- 4 Not to have been in the London Marathon in 2025 in any category (i.e. charity or ballot entry)

Additionally:

- 5 Not to have won the clubs previous ballot entry
- 6 Not to be entering the marathon in another ballot, i.e. good for age

The only other issue with this ballot system that members need to be aware of, is that the ballot draw is made in November/December and does not give a runner much training time before the race.

E: Treasurer

Bob Haskins provided the following:

SHEPSHED RUNNING CLUB							
Income and Expenditure for the period 1st January 2025 - 31st December 2025							
2024		INCOME		2024		EXPENDITURE	
2107	Memberships	Club	2156.00	50	LRRL affiliation		50.00
589		EA	600.00	121	ARC affiliation		121.00
297	Kit sales		2394.30	28	LRRA affiliation		28.00
105	LRRL Presentation evening			789	EA affiliations (club = £205)		805.00
185	BBQ donations		286.31	20	Room Hire (Development night)		
540	Christmas disco income		555.00	146	Expenses		142.31
494	Grace Dieu Cross Country		350.00	10	Hut Keys		
				425	Hut ground rent		450.00
					Kit purchase		2483.54
				185	Air ambulance donation		286.31
				150	AGM Buffet		
					AGM Room Hire		15.00
				179	Barbecue expenses		236.30
				175	LRRL presentation evening		10.00
					Overpayment refund		20.00
					Web hosting		395.22
					Postage		6.39
					Awards buffet		200.00
					EA course		160.00
				320	Xmas disco buffet		262.50
				180	Xmas disco		180.00
				225	Xmas Disco room hire		230.00
				136	Room decoration		123.90
				25	XC race permit		25.00
				46	Trophies		44.50
					Bank Charges		9.98
				20	Run Leader renewal		
			6341.61				6284.95
	Excess Expenditure over Income			1087	Excess Income over Expenditure		56.66
4317			6341.61	4317			6341.61
Balance Sheet as at 31st December 2025							
2024		Reserves and Liabilities		2024		Assets and Investments	
3797	Balance brought forward		4884.31	4815	Cash at Bank		4846.32
1087	Surplus/Deficit		56.66	69	Cash in hand		94.65
			4940.97				
0	Sundry Creditors		0.00	0	Sundry Debtors		0.00
4884			4940.97	4884			4940.97

SHEPshed RUNNING CLUB SHEPshed 7						
Income and Expenditure for the period 1st January 2025 - 31st December 2025						
2024		INCOME		2024	EXPENDITURE	
7077	Entries (SI)		7785.00	25	Race Permit	25.00
				292	Trophies	190.05
	On the day sales (fun run, T shirts, catering)			800	Race Prizes	830.00
500	Cash	384.40		277	Race Numbers and chips	103.20
220	Card sales	347.57		100	Spot Prizes	109.50
				3036	Shirts	4317.00
1000	Donation from Persimmons		1000.00	575	School Hire	575.00
				240	Timewise race timing	260.20
	Unused prizes		40.00	405	Chip Timing	702.00
				564	ABC Training (medical support)	630.00
				73	Water	76.50
				28	General Expenses	213.11
				180	After race buffet	200.00
					Course Measurement	110.00
				48	Café supplies	28.32
					Bank Charges	9.98
						8379.86
					Race surplus	1177.11
					Race and hut equipment	
				140	Hut shelving	
				104	Hut storage boxes	
					XC equipment	43.12
					Extra 2024 T shirts	71.40
					Gazebo	1154.40
					Gazebo ground sheet	14.99
					Hut roof equipment	1044.00
					Hut materials	238.70
					Hut guttering	49.24
					Meal voucher	100.00
					Site rubbish clearance	120.00
						2835.85
					Charitable donations	
					Shepshed Foodbank	150.00
					Shepshed Community Bus	150.00
					John Storer House	150.00
					Longcliffe Community Lounge	150.00
						600.00
			9556.97			11815.71
	Excess Expenditure over Income		2258.74	1910	Excess Income over Expenditure	
8797			11815.71	8797		11815.71
Balance Sheet as at 31st December 2025						
2024		Reserves and Liabilities		2024	Assets and Investments	
11245	Balance brought forward	13155.24		13155	Cash at Bank	10896.50
1910	Surplus/Deficit	-2258.74	10896.50	0	Cash in hand	0.00
0	Sundry Creditors		0.00	0	Sundry Debtors	0.00
13155			10896.50	13155		10896.50

The Club account only had a surplus of £56.

There was one large expense (web hosting) which doesn't come every year, I think it might be a three yearly fee. The Xmas disco went slightly over budget and tickets didn't sell as fast as usual. As usual, the food at the handicap race was funded from the club account, with the donations going to the Air Ambulance. Kit was a large spend but was nearly matched in income.

We need the XC income (£350 in 2025) at this rate to sustain a surplus, but the account holds around £5000. The Club could afford to keep the membership fee at £20 and risk sustaining some loss, but an alternative would be to go roughly with inflation and look at putting the membership up to £21 this year with the prospect of going to £22 in 2027.

The Race account had a large deficit, but this was agreed at the 2025 AGM. (We bought the gazebo, reroofed the hut and gave some donations to charity). The main thing of note is that the Race did not in itself make a surplus from entries, but only because of the café/fun run and the Persimmons

donation. The deficit between costs and entry fees was close to £600. There is still nearly £11000 in the account.

F: Kit Secretary

Gary Sawle stated the following:

This year has very much felt like a game of two halves when it comes to kit.

The early part of the year was a strong one. We finally introduced the long-awaited new Tshirt and vest designs, which were really well received across the club. Alongside these, we added beanies and bobble hats, which proved popular additions and gave members a few more options beyond the usual race kit.

We also expanded the hoodie range, introducing designs to mark our 40th edition as well as a new regular hoodie design. It's been great to see these being worn both at races and socially, always a good sign that we've got the balance right.

Following a member poll, we introduced the SRC parkrun tour T-shirt. While uptake has admittedly been niche (I'm fairly sure I'm still its biggest advocate and possibly sole owner), it was nice to offer something a bit different and driven directly by member input.

From that point onwards, things understandably quietened down. That said, I genuinely think the Shepshed 7 tops for 2025 were the best we've had in some years, so a big thank you to Steve for the design work; they went down really well on the day and beyond.

One mistake that I do need to openly acknowledge was the omission of extra-small sizing in the order. That one's on me, and it will be corrected going forward, XS sizes will be included in 2026 orders.

Looking ahead, we'll also be reviewing our current suppliers. Costs on tops have increased steadily over the last couple of years, so we'll be exploring alternative suppliers to ensure we can maintain quality while keeping prices sensible for members.

Plans for the Year Ahead

For 2026, I'll be taking a fresh look at what else we can sensibly add to the shop. I'm very open to ideas and suggestions from members, if there's something you'd like to see, please shout.

One idea I'm keen to explore is a small kids' kit range, aimed at fun runs and family events rather than competition kit. I've also had a request for Equinox-style SRC trousers, which I'll be investigating, so keep an eye out for those.

There will also be follow-up orders for non-shop stocked items such as vests, T-shirts, bobble hats and beanies. As always, these will be subject to minimum order quantities, but I'll do my best to group orders where possible.

Club Life, Running, and a Bit of Nostalgia

Beyond kit, it's been another cracking year to be part of the club. Equinox was once again a highlight, brilliant atmosphere, brilliant turnout, and a reminder of just how strong the SRC community is when we all come together.

The league continues to be a huge motivator for many, and it's been great to see the depth of participation across events. I've even managed to come out of cross-country retirement... a decision that my legs questioned almost immediately, but one I don't regret (much).

Finally, I want to say how genuinely honoured I am to be standing for the Men's Captaincy for the 2026 LRRL league campaign. I will be proud to represent such a committed, supportive, and

competitive group of runners. I'm really looking forward to the season ahead and to seeing what we can achieve together.

Thanks, as always, for the support, and for continuing to wear the kit with pride.

G: Entertainment

Steve Williams unfortunately had to stand down earlier in the year and was unable to attend tonight. Dave Bottomley did report that we did hold both a Christmas Party and Awards Evening and both were well received. We hope to do more this year and that Helen Stinchcombe had offered to take on the role next year.

H: Social Media

Press Officer – Rachel Muddimer stated the following:

Once again, the Echo has been a bit hit and miss with publishing results.

The deadline for getting results in is 10:30 am on Monday, so results are generally a week behind.

The WhatsApp group is rarely used for results, so this necessitates the need to search Strava for results, which often means the deadline is missed. At around £2.50 for a paper that is no longer local. I do wonder what reach we get from it. That said it can be accessed online.

The Shepshed 7 is always well covered, it costs us nothing for stories to go into the Echo, so it is still worth putting stuff in there. I would ask that if people do want their results in the paper to put name, race and time in the WhatsApp group. Stacy does a great job putting the main race results in there. If you don't want your result in the Echo, don't post to the results page. Photos are great as well as the make the story stand out.

I am exploring some other options of getting our name out there.

Years ago, we used to produce a newsletter, and I wondered if the club would like to bring this back. I would be happy to produce this, and it can be emailed out and copies produced for inside the hut.

If we are looking to further promote the club and advertise the couch to 5k, I would be happy to approach businesses to put posters up advertising this.

If we do have another taster night it would be good to get this in the Echo well in advance of the night. Entries for the 7 are posted as soon as they go live and then it is mentioned again in the weeks running up to the event.

Not much else to say really. I am happy to carry on, I appreciate I don't get on club nights due to work commitments, but always happy to support the club in other ways.

Social Media – Stacy King stated the following:

2025 was quieter than normal for new followers but the total is now 161. Members that tag or report content drive the most traffic.

Biggest increase in followers have come from other clubs within the LRRL and neighbouring organised run clubs. Followed back to increase support for local runners.

October was the highest traffic to the public socials with 3,400 views with 38% of them being from non-followers. The use of hashtags was removed by Meta, but consistent key words allowed people to find out about the Shepshed 7 and key updates.

Analytics show that the biggest interaction comes between 6-9pm on Mondays, Friday and Sundays so need to focus on these key times to create content.

Biggest request was for more non-race engagement posts but need to have information from run leaders to enable this to take place. Would help to have additional social media person to post across the socials.

I: Race Director

George Clarke stated the following:

Shepshed 7 – Sunday 1st November 2026

Race Start Times:

- Children's 1-mile Fun Run: 10:00 am
- Adults Race: 11:00 am

Racecourse:

- The adult course will remain the same as 2025, following positive feedback from runners and marshals.
- The children's course will be slightly adjusted from 2025; details discussed in the debrief.

Confirmed / Booked:

- Persimmon Homes (Garendon Park Landowners) confirmed support. Additional sponsor being pursued.
- Lesley at Iveshead College venue booked.
- Colin at ABC first aid booked.
- John Skevington booked for chip timing system.
- St Botolph's Primary School permission granted for race route through their property.

Event Coordination:

- Regular planning meetings will be scheduled throughout the year.
- New marshals are encouraged to join the event.
- Mile markers will be placed using What3Words to simplify marshalling.
- Water will be purchased from Aldi (or similar).

Action Items:

- Confirm signage details at Iveshead College.
- Confirm T-shirts, trophies, and prizes.
- The race clock, speakers and mic required.
- Radios required.
- Discuss and confirm additional activities, parking, and entry cap.
- Plan future meetings to address remaining details.
- Race permit required.

Shepshed Handicap Fun Run – Tuesday 16th June 2026

- Due to ongoing work in Garendon Park, we propose using the Lockdown 7 route.
- The event will proceed as a club run, with the BBQ and drinks as usual at The Swan.

Grace Dieu Cross Country – Sunday 15th March 2026

Race Start Times:

- Children's Race: 10:00 am (around Farmer Breen's fields, same start/finish as main race)
- Adults Race: 11:00 am (approx. 5.4 miles)

Facilities & Volunteers:

- The Academy is possibly going to provide food and drinks.
- Approximately 25 volunteers required for marshalling and car parking.
- Some safety work needed in the woods (replacement of boards on wooden bridges).
- Optional: volunteer to act as hare.

Permissions & Equipment:

- Permissions granted from The Academy, the Farmer, and Saville's.
- Map and rules shared with participants.
- Colin at ABC booked.

Race Equipment – Shepshed 7 & X Country

Audit race equipment throughout the year.

New signs needed for Shepshed 7-mile markers.

General Actions & Communication

- Regular updates and progress shared with committee and club members.
- Maintain clear communication channels for any changes.
- Check and confirm details with key contacts (Lesley at Iveshead College, Colin at ABC, Persimmon Homes, etc.).
- Maintain a detailed timeline or checklist to track tasks leading up to the events.

J: Maintenance Officer

David Hattersley stated the following:

This year we undertook some major improvements on the club hut.

The roof had started leaking, some of which had not been obvious. It had been soaking into the timber below without coming through the roof. This had damaged timber roof surface in places and it had only become visible in the last year.

The roof had been covered in felt previously and become brittle. With the timber below expanding and contracting it had cracked the felt and started leaking. Previous repairs had just involved putting new layers of felt on top of the old. Again these have cracked.

We removed the old felt roof (all five layers) and replaced a number of rotted roof timbers. We then covered the roof with modern under felt/vapour barrier and polyester coated steel sheets.

The metal sheets have the advantage of not cracking and a much longer life span. Also if subsequent repairs are needed they can be removed and reattached.

We completed the work over the May half term break. Unfortunately the weather was not kind!!

Thanks to our members who helped moving the rubbish.

Also a big thank you to Alan who offered the paint the outside. It looks great.

We finally put up/replaced the guttering so the outside is as good as new.

It is my intention to look this year at lining out the interior and replacing some of the lighting but I will need to measure and cost up first and put it to the committee for consideration

K: Welfare Officer

Zoe Heath sent the following report

There have been no Welfare issues this year.

If any issues should occur in the next year members can approach both Zoe and Richard Bibb for assistance

L: Development Officer

Jake Smith stated the following

A mixed year for the club with regards to development.

We had a very well received intake night where members ran a very simple and similar route to each other. We had great feedback from our members who enjoyed the route. And we had a few new faces for the night, but we didn't gain many / any new members.

I discussed the idea of putting a ladies team into the Midland road relays and a men's team in the Midlands masters xc event but couldn't get runners to commit.

In training we've continued the monthly interval sessions that were started by Paul W. Some months these are well attended. Particularly the beep test and the Kingsgate loops. Sometimes struggle with ideas so please shout up anything that you'd like me to include? Particularly people who are following programs. We could incorporate some of these ideas into our club sessions.

In moving forward we have agreed a couch to 5k and are looking for volunteers. I'd like to repeat the intake night again in the spring. I'd also like us to try and advertise ourselves, and the Shepshed 7 more frequently on the local social media pages.

And I'd like to try and encourage our runners back to the club nights. Red and purple have had particularly poor attendance of late, and I'd welcome ideas on how to get us training together again as a club.

Elections

Chair	Dave Bottomley
Vice Chair	Richard Bibb
Secretary	Dave Hattersley
Treasurer	Bob Haskins
Membership Secretary	Dave Hattersley

Social media	Stacy King
Race Director	George Clarke
Press Officer	Rachel Muddimer
Male Captain	Gary Sawle (LRRL) and Phil Higgs (XC)
Female Captain	Stacy King (LRRL) and April Clough (XC)
Kit Secretary	Gary Sawle
Entertainments Officer	Helen Stinchcombe
Welfare Officer	Zoe Heath
Maintenance Officer	Dave Hattersley
Development Officer	Jake Smith

Subscriptions

Fees were agreed to be £21 for club membership and EA increased to £23

Any Other Business

Clubs accounts

After the club accounts were presented by Bob Haskins. Phil Higgs asked what had been the main outgoings that the club had spent. It was stated that the club had subsidised the Christmas Party and Awards Evening. In addition to this The club had provided the food for the Handicap Run so that a charity Donation could be present to the Air Ambulance.

We had also had the bill for the clubs Internet Web Page Hosting which was for three years.

Also a number of costs the club has to pay have increased with inflation.

With this the club had needed the payment for hosting the Cross Country Race to make a surplus. Should the club not be able to host the race then the club would have made a loss.

It was stated that the club could keep the subscription at £20 but this risked the club making a loss next year. It was agreed membership fee be increased to £21

Shepshed 7 Accounts

Following the Shepshed 7 Accounts being presented, it was stated that The club had paid out for the new Club Gazebo, hut repairs and charity donations.

However there had been no surplus from race entries. If the club had not hosted the children's race, café and had a donation from Persimmons the race would have made a loss.

The main reason for increase costs had been the increase in price of the T Shirts.

George Clarke did state that he hoped to get sponsor ship from William Davies Homes and Persimmons next year. However he believed increasing the entry fee to the race by £3 would allow the race to break even.

It was agreed to discuss this more during planning meetings for the Shepshed 7

Club London Marathon Ballot

The additional rules for members to enter the Clubs London Marathon draw were proposed and agreed.

Social Media

Rachel Muddimer asked if another club member could assist in collating race results and helping with Social Media

It was agreed to see if someone would assist

Club Development

Dave Bottomley raised that at the last Committee meeting a Couch to Five K course be considered and should be taken forward

Richard Bibb agreed it was a good idea and that he would be willing to help but could not commit to every week and it would need more members to assist.

Richard Bibb did agree to help look at this and develop it further.

It was also discussed that Gary Sawle had recently become a run leader having completed the English Athletics Course. It had been hoped we train a second member last year. Unfortunately a member could not attend. It was hoped a member could be trained this year and could assist in the Couch to Five K program.

It was also discussed that the Couch to Five K course start before the main club meets so new members would not feel uncomfortable running with more established members.

Club Kit

Gary Sawle asked if anyone had any requests for new kit.

Dave Hattersley asked if an embroidered Baseball Cap was possible for events and marshalling.

It was also suggested we consider Equinox trousers.

Russ Balbi suggested the club could hold some stock in various sizes rather than waiting for members to request items and collate an order. He hoped this would make savings in the long term. Gary did state this would be up to the committee to decide and it was agreed to look to see if this was a possibility.

Parkrun Takeover

Annabel Gordon asked if Parkrun Takeovers could be considered.

Dave Hattersley mentioned it had been discussed at the last development meeting that the Couch to five K course could conclude with a club take over.

It was further discussed that this may not be possible but the club would look at possible take overs. It was mentioned that most local Parkruns welcome a takeover. It was agreed the club would look at doing this.

Development/club Nights

Stacy King stated that last AGM development nights had been raised. However they had not happened this year.

Helen Stinchcombe stated she often takes part in Track Nights and this had improved her running.

Richard Bibb did mention that Bridie Darcy had run a development night last year and would look if she would be willing to do another one.

It was also suggested Joy from Beaumont Running Club could be asked to take an evening

It was also agreed the club would look if further nights could be arranged.

We discussed how we could make the club evenings more useful and accessible to more members. A number of ideas were mentioned.

Club Equipment

Stacy King asked if the club could get colour coded run leaders vests for club nights. It was stated the club had purchased some and they were in the hut but members didn't currently use them.

Russ Balbi asked if an inventory of the hut could be completed so items are available. David Hattersley stated it was his intention to do this as the interior of the hut is worked on this year.

We also agreed to look at contents insurance for the contents of the hut.

Website

David Bottomley said that the current website was out-dated and difficult to maintain. We will look at replacing it. If anyone had expertise in this, they should talk to David.

Close

David Bottomley then stated he would look at another development evening in the near future.

No other matters raised.

Meeting was closed at 21:05 hours on the 12th February 2026