

THE SHEPSHED 7



SUNDAY 1 NOVEMBER 2026

11:00AM START

7-MILE MULTI-TERRAIN RACE

IVESHEAD SCHOOL

FOREST STREET, SHEPSHED, LOUGHBOROUGH, LE12 9DB

CHIP TIMED • TRAFFIC FREE • FULLY MARSHALLED

COMMEMORATIVE T-SHIRT FOR ALL FINISHERS

ENTRIES NOW OPEN

evententry.co.uk/shepshe-7

EVENT ESSENTIALS



SHEPSHED 7 - 11:00AM

FUN RUN - 10:00AM

IVESHEAD SCHOOL

Forest Street, Shepshed, Loughborough, LE12 9DB

- Race number and chip collection opens inside the school at 8:30am.
- Event headquarters and registration are inside Iveshead School.
- Toilets and changing facilities are inside the school buildings and sports hall.
- Hot drinks, homemade sandwiches and cakes are available inside the school; cash and card accepted.
- The Running Fox retail stand and commemorative T-shirt collection are inside the school.
- Prize presentation is at approximately 12:30pm inside the school.

LIMITED PARKING

Parking on site is very limited due to construction work and shared use of the school. Please share cars, use public transport or arrange to be dropped off where possible. Allow extra time and follow marshals' directions.

- Do not block driveways or access for neighbouring residents.
- Pedestrian access is available from Smithy Way / Westoby Close, Butthole Lane via Blacksmiths Avenue and Countryman's Way.
- Free parking: Britannia Street car park, LE12 9AE, about a 10-minute walk.
- Pay-and-display parking: Field Street, LE12 9AL.
- Arriva 127 and Skylink buses serve Shepshed.

RACE DAY INFORMATION

THE SHEPSHED 7

11:00AM START | 7-MILE MULTI-TERRAIN

- Chip timed, traffic free and fully marshalled.
- Maximum 400 runners; no entries on the day.
- Entrants must be 16 or over on race day.
- The course must be completed within 2 hours.
- Commemorative T-shirt for every finisher.

1-MILE FUN RUN

10:00AM START

A friendly fun run before the main race. Entry is £5 on the day. The course is one or two laps, approximately one mile.



NUMBER COLLECTION

Collect your race number with chip attached from the registration desk inside Iveshead School from 8:30am. Quote your name at the desk. Allow plenty of time and attach the number securely to the front of your top so it remains visible.

START AND FINISH

Both races start on the field adjacent to Iveshead School. The Shepshed 7 has a managed start at 11:00am. Listen for announcements and follow signage and marshal directions. The finish is back at the school playing fields.

ENTER ONLINE

evententry.co.uk/shepshed-7
RACE DIRECTOR: GEORGE CLARKE

THE COURSE

The race follows a scenic, traffic-free, out-and-back route through the countryside and Garendon Park, by kind permission of Persimmon Homes.

- The route crosses grass playing fields, gravel tracks and hard-surfaced paths.
- Sections may be muddy after rain and standing water may be present. Trail shoes are recommended.
- Spikes are not suitable because parts of the course are tarmac or concrete.
- There is no exclusive right of way on public paths; be considerate to other users.
- Permission to pass through the farmyard applies only during the race. There is no public right of way through it at other times.
- Water is available approximately halfway and at the finish.
- Dogs are not permitted in either race or on the school playing fields.



Keep right where indicated and obey marshals at all times.

TIMING RESULTS AND PRIZES

RESULTS

- Results and prizes are based on finishing position.
- Verified results will be published on the Shepshed Running Club website, usually on Monday.
- Team results are calculated from the lowest total finishing positions of the first three runners from the same club/team.
- To count for a team, club/team details must be entered on the entry system before the race starts.

2026 PRIZE CATEGORIES

Categories are the same for male and female:

1st • 2nd • 3rd • V40 • V50 • V60 • V70 • Team (top three)

PRIZE RULES

- Only one individual prize is awarded per person, excluding spot and team prizes.
- If a runner qualifies for two individual prizes, the higher-value prize is awarded. If values are equal, the higher finishing-position prize is awarded and the remaining prize passes to the next eligible runner.
- The Race Referee and Race Director's decision is final in the event of a dispute.
- Prize presentation is expected at approximately 12:30pm inside Iveshead School.

IMPORTANT RACE RULES

GENERAL

- Entrants must follow the race rules and all directions given by marshals, officials and the medical team.
- Official race numbers must be worn on the front and remain visible throughout.
- Unregistered runners, walkers and pacers are not allowed.
- Affiliated entrants must hold current England Athletics registration or be a member of an eligible affiliated club. False affiliation claims may result in disqualification without refund.
- Aggressive or abusive behaviour towards organisers, marshals, officials, volunteers or other runners will not be tolerated and may result in disqualification without refund.
- Numbers and chips must be collected on race day.
- Tail runners will follow the field. If you withdraw, inform a marshal or race control immediately.

ENTRY CONDITIONS

- The main race is limited to 400 runners and entries close automatically when the limit is reached. There are no main-race entries on the day.
- Shepshed 7 entrants must be 16 or over on race day and may be asked for proof of age.
- Entries cannot be deferred to a later year.
- No refund is given if an entrant chooses not to participate, or if the event is cancelled or postponed because of circumstances outside the organisers' control.
- Personal information may be stored and used for event organisation, promotion, administration and statistical purposes.

SAFETY AND PARTICIPANT CARE

RUN ONLY IF YOU ARE MEDICALLY FIT

Entrants participate at their own risk and should take part only if medically fit and expecting to complete the course within two hours.

- Participants must not be under the influence of drugs or alcohol.
- Complete the personal, contact and health details on the back of your race number.
- Marshals and medical personnel may stop and remove anyone considered unfit to continue or acting dangerously.
- Obey marshals, assist fallen runners where safe to do so, and report casualties immediately to the nearest first-aid post or marshal.
- Dogs, prams, pushchairs and cycle support are not allowed. The course is not suitable for wheelchairs or other wheeled vehicles.
- Please leave promptly after the event and dispose of litter responsibly.

LIABILITY

The organisers, sponsors, charities, suppliers and/or their agents will not be liable for injury, loss or expense arising as a consequence of participation, subject to applicable law.



A SHEPshed TRADITION

The Shepshed 7 has real local character, community support and a proud running heritage. We look forward to welcoming runners, families and supporters to Iveshead School.

evententry.co.uk/shepshed-7